



### Corrective Care for Kansas City

Kansas City chiropractic practice members enjoy the fact that Dr. Chris Long offers choices. Relief or wellness care... it's your choice. When many people seek care in our office they have one goal: Relief. So that's where we start! During this initial stage of intensive care, we have several obligations:

- Uncover the underlying cause of your health problems
- Initiate a care plan to produce the fastest results possible
- Offer ways you can participate in your recovery

### Wellness Care for Kansas City

As a patient with Adjust 4 Life we will enable and encourage you to achieve the highest levels of health possible. Through educational opportunities such as our website, advanced classes and customized nutrition and exercise programs, we hope to communicate the value of ongoing chiropractic care and give you the information needed to make wise health choices. Our desire is to see you abandon the prevailing symptom-based, sickness-care model of health (waiting for symptoms and then taking action, also known as disease management), in favor of the emerging wellness model (proactive disease prevention and health maintenance).

## Adjust 4 Life Wellness Center

CORPORATE WELLNESS CARE



Best

### Kansas City's # 1 Source for Wellness Care

A4L Biz Friendly Network Corporate Wellness Plan is the #1 alternative for individuals and family care. Serving Lee's Summit and surrounding areas with premium care since 2001.

- Best selection and prices
- Easy comparison tools
- Personal expert advice
- Instant approval

ADJUST 4 LIFE WELLNESS CENTER  
350 SW GREENWICH DRIVE  
LEE'S SUMMIT, MO 64082  
816.537.5995 ph  
866.591.2698 fax

*In a society where  
disease, suffering & mediocrity  
are considered normal,  
you can be different.*

# Adjust 4 Life Wellness Center

CORPORATE WELLNESS CARE

Serving Lee's Summit & surrounding areas with Premium Health Care since 2001

## ARE YOU SUFFERING FROM:

- HEADACHES
- NAUSEA
- STRESS
- PAIN

## WE CAN HELP!



Dr. Chris Long is a certified Loomis Digestive Health Specialist. By combining chiropractic care and enzyme therapy he has been able to restore the natural balance and health of his practice members. When this occurs members experience great results with a variety of problems such as: Weight loss, constipation, irritable bowel syndrome, acid reflux, fatigue, premenstrual symptoms, thyroid imbalances, high blood pressure, stress, and panic attack disorder.

## flexible solutions for your wellness needs



### APPLICATION MANAGEMENT

Our staff at Adjust 4 Life Wellness Center helps hundreds of patients from the initial exam up to the financial Structure, including current benefit reimbursements when applicable. Our management team will help your organization with a smooth transition assisting your staff on their personal road to wellness.

### ENTERPRISE MANAGEMENT

Enterprise Management Associates specializes in going "beyond the surface" to provide deep insight into established and emerging Health and Wellness Programs. We deliver research, analysis, and consulting services to Professionals, IT Vendors, Agents, and Business Owners.



### CUSTOM WELLNESS SOLUTIONS

We individualize plans based on your individual needs. Including weekly, bi-weekly, and monthly payment options. Nothing is too hard and no sickness has gone too far for you to see improvement.



### WEB SOLUTIONS

We are on the cutting edge of Web Based programs that allow for you to gain knowledge, schedule appointments, receive the latest wellness articles, and communicate directly with your Doctor.



### EBUSINESS SOLUTIONS

Receive all the latest updates pertaining to your business account and also utilize our new online payment notifications and appointment reminders.

WE'VE WORKED WITH A DIVERSE PATIENT BASE. WE CAN HELP!

**"LIVE BETTER THAN THE AVERAGE AMERICAN" ~ DR CHRIS LONG**