
Curriculum Vitae of Dr. Jonathan A. Truhlar, BS, DC, NMD, DNBCNME, DIABMCP

Undergraduate study at Olivet Nazarene University in Kankakee, Illinois with major emphasis on chemistry and minor emphasis on psychology. Bachelor of Science (B.S.) degree conferred by regents of the University of the State of New York.

Graduate study at Palmer College of Chiropractic in Davenport, Iowa with a major emphasis on chiropractic medicine.

Doctor of Chiropractic (D.C.) degree conferred by Palmer College of Chiropractic.

Postgraduate study at the American Naturopathic Medical Institute of Plano, Texas.

Doctor of Naturopathic Medicine (N.M.D.) degree conferred by the American Naturopathic Medical Institute.

National Board Certifications

National Board of Chiropractic Examiners (2002)

National Board of Chiropractic Examiners – Physiotherapy (2002)

National Board of Naturopathic Medical Examiners (2007)

Honors & Positions

Diagnostic Service Award conferred by Palmer College of Chiropractic (2002)

Clinic Director and Senior Physician of Elan Wellness in Aurora, IL (2003-present)

Dr. Truhlar has been appointed Diplomate of the National Board of Naturopathic Medical Examiners (2007).

Dr. Truhlar has been appointed Diplomate of the prestigious International Academy of Behavioral Medicine, Counseling and Psychotherapy, Inc. (2008).

Credentialed Chiropractic Physician status at the Water Tower SurgiCenter, Chicago, Illinois (2009).

Associations & Memberships

Active member of the Illinois Chiropractic Society.

Active member of the International Chiropractic Association.

Active member of the American Academy of Hospital Chiropractors.

Active member of The Foundation for Wellness Professionals.

Active member of The Blair Institute.

Active member of the International Academy of Behavioral Medicine, Counseling and Psychotherapy, Inc.

Continuing Education

- Treatment of Schizophrenia – Abram Hoffer, M.D., Ph.D., 2003
- Behavioral Medicine in Primary Care – Mitchell D. Feldman, M.D., M.Phil., John F. Christensen, PhD., 2003.
- Imagery for Getting Well: Clinical Applications of Behavioral Medicine – Deirdre Davis Bingham, M.S., M.P.H., M.A., 2004.
- Orthomolecular Environment of the Mind: Orthomolecular Theory – Linus Pauling, Ph.D., 2004.
- The use of B12 in Psychiatric Practice – H.L. Newbold, M.D., 2005.
- Functional Gastrointestinal Disorders: A Behavioral Medicine Approach – Paul R. Latimer, M.D., Ph.D., 2005.
- Focus on Back Pain – 2005.
- Neuro-Linguistic Programming – Romilla Ready and Kate Burton, 2005.
- The Diagnosis & Treatment of Shoulder Disorders – Chadwick Prodromos, M.D., 2006.
- Chiropractic Spinal Rehabilitation Exercises: Mirror Image – Chiropractic BioPhysics Seminars, 2006.
- Pediatric Adjusting Methods – Palmer Peet, D.C., F.I.C.A. and Jennifer Peet, D.C., F.I.C.A., 2006.
- Complimentary and Alternative Medicine – 2006.
- Guifenesin Protocol for Fibromyalgia: Diagnosis, Treatment and Mapping – R. Paul St. Amand, M.D., 2006.
- Webster Breech Turning Technique – Palmer Peet, D.C., F.I.C.A. and Jennifer Peet, D.C., F.I.C.A., 2006.
- Interventional Pain Management – Mohammed Khan, M.D., F.R.C.S., 2006.
- Treatment of Learning Disabilities – Allan Cott, M.D., 2006.
- Chiropractic Pediatrics – Neil J. Davies, D.C., F.I.C.C, 2006.
- Metabolic Syndrome – Karlene Karst, M.D., 2006.
- Spinal Decompression Therapy Certification – SpineMED, 2006.
- Hypothyroidism: Diagnosis and Treatment – Broda O. Barnes, M.D., 2007.
- Antihomotoxic Treatment of Arthrosis – International Academy of Homotoxicology, 2007.
- The Essentials of Nutritional Therapy – Jay Robbins, 2007.
- The Neuromechanical System – Christopher J. Colloca, D.C., 2007.
- Immunological Deficiencies in Schizophrenia – William H. Philpott, M.D., 2007.
- Cranial-Sacral Therapy – Mary Sullivan, L.Ac., L.M.T., 2007.

- Clinical Kinesiotaping – Jim Wallis, M.S., A.T.C., 2007.
- Visceral Manipulation – Jean-Pierre Barral, D.O., 2007.
- Biologic Ionization as Applied to Human Nutrition – Alexander F. Beddoe, Ph.D., 2007.
- Fibromyalgia and Chronic Myofascial Pain – Devin Starlanyl and Mary Ellen Copeland, M.S., M.A., 2007.
- Board Review of Pediatrics Dermatology, 2007.
- CranioSacral Therapy 2, Beyond the Dura – John E. Upledger, D.O., F.A.A.O., 2007.
- Guidelines Updated for Varicella Prevention in Children, Teens, Adults – 2007.
- The Diagnosis & Treatment of Shoulder Disorders – Chadwick Prodromos, M.D., 2008.
- Natural Progesterone: The Remarkable Roles of a Remarkable Hormone - John R. Lee, M.D., 2008.
- Fibromyalgia Disorders – Rodger H. Murphree, D.C., C.N.S., 2008.
- MRI of the Shoulder and Knee – Douglas M. Gregerson, D.C., D.A.C.B.R., 2008.
- MRI of the Spine – Douglas M. Gregerson, D.C., D.A.C.B.R., 2008.
- Insulin Resistance, Part 1 – Paul Varnas, D.C., D.A.C.B.N. and Joe Buishas, L.D.N., C.C.N., 2008.
- Heart Disease: What Your Doctor Won't Tell You – Rodger H. Murphree, D.C., C.N.S., 2008.
- Cardio-metabolic Risk Factors: Hitting the Targets – University of Virginia Health System 2008.
- OCD: Improving Diagnosis, Maximizing Treatment – University of Virginia Health System 2008.
- Treating Anxiety and Depression using Orthomolecular Medicine – Rodger H. Murphree, D.C., C.N.S., 2008.
- Orthomolecular Nutrition – Abram Hoffer, M.D., Ph.D., and Morton Walker, D.P.M., 2008.
- Cerebral Reactions in Allergic Patients – Marshall Mandell, M.D., 2008.
- Insulin Resistance, Part 2 – Paul Varnas, D.C., D.A.C.B.N. and Joe Buishas, L.D.N., C.C.N., 2008.
- Domiciliary Chemical Air Pollution in the Etiology of Ecologic Mental Illness –Theron G. Randolph, M.D., 2008.
- Managing the Link Between Depression and Pain – University of Virginia Health System, 2008.
- The Premenstrual Continuum: Improving Diagnosis and Treatment – University of Virginia Health System, 2008.
- The Safety and Efficacy of Chiropractic – Dr. Ronald J. Farabaugh, 2008.
- Neuro-circuitry of the Stress Response: Beyond the Hypothalamic-Pituitary-Adrenal Axis – Medical Education Collaborative, 2008.
- Insulin Resistance, Part 3 – Paul Varnas, D.C., D.A.C.B.N. and Joe Buishas, L.D.N., C.C.N., 2008.
- Neurotransmitters and Their Role in Health – Medical Education Collaborative, 2008.
- Introduction to Manipulation Under Anesthesia and Pain Management – Logan College of Chiropractic, 2008.
- Manipulation Under Anesthesia – Logan College of Chiropractic, 2009
- The Diagnosis & Treatment of Knee Disorders – Chadwick Prodromos, M.D., 2009.
- The NESS L300™ Foot Drop System Certification Course – Lisa Trofatter, M.S., P.T., 2009.
- Vaccine Update: Recent Data and Recommendations – University of Virginia Health System 2009.
- Stress Relief Through Guided Imagery – Martin L. Rossman, M.D., 2009.
- Pediatric Board Review, 2009.

- USMLE Dermatology Review, 2009.
- Pharmacology and Physiology in Anesthetic Practice – Robert K. Stoelting, M.D., 2009.
- Neurology for the Psychiatry Specialty Board Review – Leon A. Weisberg, M.D., 2009.